

Your pathway
to classical
homeopathy

Mireille and Philippe Peyronnet



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From the same author

Mireille Peyronnet

Le sommeil retrouvé (Recovering sleep), published by Alpen, 2004

Prévenir Alzheimer (How to prevent Alzheimer's), published by Alpen, 2008

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© Cover and inside photographs:
Clothilde Peyronnet, Fontainebleau forest, 2014

Graphics and composition:
Irène Adamopoulos, duprintauweb.fr

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© Published by Quadrifolium, 2017

ISBN : 979-10-227-4263-4

*To Jeanne,
For the love of others
For the love of words*

*To Yves
For the love of trees*

*Plus clairement, plus nettement avec l'âge,
je sens la justesse relative de nos chemins
et le ridicule de tout ce qui n'est pas obtenu
avec son propre sens, sa propre âme,
qui n'est pas imprégné par l'amour.*

Marc Chagall

*More clearly, more distinctly with age,
I feel the rightness of our paths
And laugh at anything
Without meaning and soul,
That is not filled with love.*

INTRODUCTION



*Congratulations on deciding to consult a Classical homeopath! You are where you are on the pathway of your life, and this book, written especially for **YOU**, is here to help.*

*It contains a series of suggestions organized to help you find your way **before, during** and **after** consultation. Let it be your constant companion, a valuable helper on which you can count.*

This book has been written in order to help you make the most of your consultation with a Classical homeopath. Uniquely in homeopathy you are the architect of your own success, because only you know the distinctive and personal signs that are specific to your case.

This book explains which signs have a meaning for the homeopath, how to bring them to light, and break free from any impediments to their comprehension.

The other participant in the process of constructing a solution is the homeopath who will encourage you to collect signs, express them, and analyze them, while applying his experience and knowledge based on work carried out by former and contemporary homeopaths.

*The writing of this book has been guided by **benevolence** and the deep respect for who you are, with your particular constitution. The idea is not to change it in order to match it with another model, but rather to help you discover its characteristics so that your constitution shows off its uniqueness, in harmony with your own strengths. It is fundamental to talk about those signs without hiding the ones which lie deepest. The homeopath is not there to judge or impose his own version of “good”. He doesn’t act for himself but with the aim of making his patient, a human being like him, with all their complexities, feel good.*

*This book has been written with the **joy** of transmitting and explaining the approach of Classical homeopathy, a profoundly human approach which integrates the multiple expressions of a human being, unique in what he has been, in what he is, and in what he will become. It reveals the intense joy the homeopath feels when complex situations unroll following the action of a simple remedy.*

*This book is filled with multiple **energies**.*

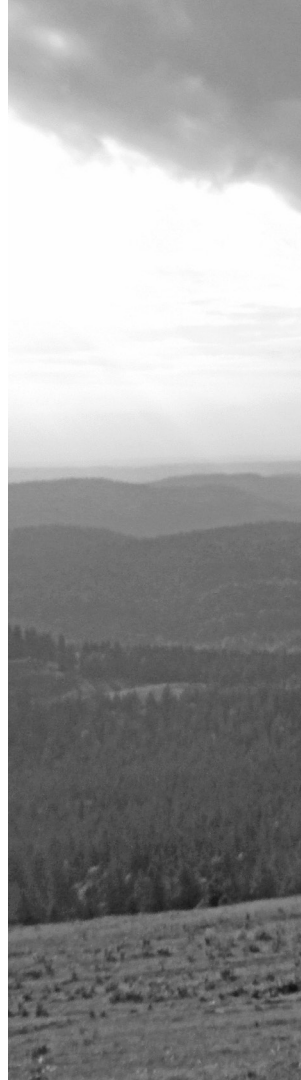
The energy of the words chosen to deliver a simple message, easy to understand without a particular effort of interpretation.

The remarkable energy that inhabits the lives of those people whose personal stories about homeopathy are told in this book.

The power that a homeopathic doctor uses to choose the right remedy, the energy of which will allow the balancing out of his patient's physical type, by attuning his body clock to the tides.

*This book is profoundly anchored in the **real**. Wherever possible, each argument is illustrated by someone's personal history who came across Classical homeopathy. They all form the numerous characters of the book and confirm the invaluable diversity of human beings and the ability of Classical homeopathy to arrive at an individual response. Classical homeopathy accompanies each one on a daily basis. It acts in a pragmatic way, based on the remedies' experiments and on the homeopaths' practice. Its objective is not to adopt an ideal, inhuman and unmaintainable behavior, but rather to capture people's own way of functioning and partake in their development, daily and in the long run.*

*We hope this book will enhance your full **participation** and your trust when consulting the Classical homeopath. We hope it will release your intuition, make you aware of your own time and space, and finally open new areas of your creativity to discover the homeopathic remedy so much needed for your personal balance.*





PATHWAY TO HAPPINESS, Crête de la Dôle, Jura, 2013, ©DR.

Throughout your reading, you will find a series of serious messages that we have tried to convey with humility and sincerity.

Already deeply touched that you have selected our book, we wish for a long eventful and constructive journey.

The Authors,
Mireille et Philippe Peyronnet



Preliminary notes

The actual content of the cases presented remains faithful, but for reasons of confidentiality and for a better understanding, each story has been written as an illustration of the specific case.

The names of the remedies have not been mentioned, only their origin, whether animal, plant or mineral, in order to comply with the major concern of the Classical approach to homeopathy: not to match a remedy to pathology or a symptom, and avoid all risk of self-medication. You will understand the reasons behind this better as you read further along in this book.

The bibliographical references have been omitted. All the reference books (named “Materia Medica” and “Repertories” which are mentioned in detail in part II, chapter III) cannot be read by the untrained, but rather by the homeopath interacting with his patient during consultation. The same applies to the other books, publications such as specialized magazines, congress summaries, often written in English, which address mainly homeopaths.

A black and white photograph of a forest scene. In the foreground, a tree trunk with several dark, circular knots or scars runs diagonally from the bottom left towards the top center. The background is filled with dense foliage, including various trees and shrubs, and large, light-colored rocks or boulders. The lighting creates strong shadows and highlights, giving the scene a textured appearance.

I BEFORE CONSULTATION

UNDERSTANDING THE MEANING OF THE “COLLECTING SIGNS” APPROACH

*« Dans un même temps, dans un temps unique,
dans le même temps enfin, toutes choses deviennent. »*
Éléments de Philosophie, Alain.

*“At one same time, at a unique time,
at the same time finally, all things come into being.”*

Classical homeopathic medicine considers a human being to be whole and unique, as the carrier of a singular product. It defines the state of good health and illness from this starting point.

This first step establishes the central notion of the individual’s **constitution**. Understanding that enables one to apprehend the homeopathic **remedy**; thus the second fundamental notion is intimately linked to the first one. Different routes are suggested in order to collect the signs that make sense to the homeopath. From their high level of singularity and their in-depth descriptions stems a fruitful result.



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DID YOU SAY CONSTITUTION?