

Fortress of the Muslim

Invocations from the Qur'an & Sunnah

حصن المسلم (من أذكار الكتاب والسنة)

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**In the Name of Allah,
the Most Gracious, the Most Merciful**

Introduction

All praise is for Allah, we praise Him and seek His help. We seek his forgiveness and we seek refuge in Him from the evil of our own souls and from the wickedness of our deeds. Whomever He guides shall never go astray, and whomever He allows to stray shall never find guidance. I bear witness that none has the right to be worshipped but Allah, alone, Who has no partner, and I bear witness that Mohammed is his slave and his messenger. May the peace and blessings of Allah be upon him and upon his family, his Companions and upon those who follow them in piety until the Day of Judgment.

This book is an abridgment of my earlier work untitled:

الذِّكْرُ وَالِدُّعَاءُ وَالْعِلَاجُ بِالرُّقَى مِنَ الْكِتَابِ وَالسُّنَّةِ.

Adhikr wa Adou'a wa Al ilaj bi Arruqa min al kitab wa Assunah.

In order to make it small and easily portable, I have chosen the section on words of remembrance only. I mentioned the text of the words of remembrance instead of the entire hadith only. I also mentioned one to two references from the original book for each hadith.

Whoever would like to know more information or about the companion, should refer to the original book.

I ask Allah the Glorious, the Mighty, by His beautiful Names and by His sublime attributes to accept this as having been done sincerely for His sake alone. I ask Him to bring me its benefits during my lifetime and after my death. May those who read it, print or have had any role in distributing it, benefit from it also. Surely He, the Glorified, is Capable of all things. May the peace and blessings of Allah be upon our Prophet, Mohammed, and upon his family and companions and whoever follows them in piety until the day of Judgement.

Safar, 1409H
Saïd bin Ali ibn Wahf Al-Qahtani

The Virtue of remembering Allah the Most High

Allah the Most High said :

﴿ فَادْكُرُونِي أذكُرْكُمْ وَأشْكُرُوا لِي وَلَا تَكْفُرُونَ ﴾

﴿ Therefore remember Me. I will remember you.
Be grateful to Me and never show Me ingratitude. ﴾¹

﴿ يَا أَيُّهَا الَّذِينَ آمَنُوا اذْكُرُوا اللَّهَ ذِكْرًا كَثِيرًا ﴾

﴿ O you who believe, remember Allah with much
remembrance. ﴾²

﴿ وَالذَّاكِرِينَ اللَّهَ كَثِيرًا وَالذَّاكِرَاتِ أَعَدَّ اللَّهُ لَهُم مَّغْفِرَةً وَأَجْرًا

عَظِيمًا

﴿ And the men and women who remember Allah
frequently, Allah has prepared for them forgiveness
and a great reward. ﴾³

﴿ وَاذْكُرْ رَبَّكَ فِي نَفْسِكَ تَضَرُّعًا وَخِيفَةً وَدُونَ الْجَهْرِ مِنَ الْقَوْلِ

بِالْغُدُوِّ وَالْآصَالِ وَلَا تَكُن مِّنَ الْغَافِلِينَ

﴿ And remember your Lord by your tongue and
within yourself, humbly and in awe, without loudness,

¹ Al-Baqara:152.

² A1-Ahzaab:41.

³ A1-Ahzaab: 35.

by words in the morning and in the afternoon, and be not among those who are neglectful. »⁴

The Prophet ﷺ (Peace and Blessing of Allah be upon him) said : « *He who remembers his lord and he who does not remember his Lord, are like the living and the dead.* »⁵

And he said : « *Shall I not inform you all of the best of your works, the purest of them with your Master (Allah), the loftiest of them in your stations, the thing that is better for you than spending gold and silver, and better for you than meeting your enemies and slaying them and being slain by them ?* » They (the companions) said : « Of course ! » He said : « *Remembrance of Allah the Most High (تعالى).* »⁶

And the Prophet ﷺ (Peace and Blessing of Allah be upon him) said : « *Allah the Most High (تعالى) says : I am with my slave when he thinks of me and I am with him when he mentions Me. For if he mentions Me to himself, I mention him to Myself; and if he mentions Me in a gathering, I mention him in a superior gathering. If he approaches me by a hand's width, I approach him by*

⁴ Al-A'raaf: 205.

⁵ Al-Boukhari annexed to Fath (11/208) and Mouslim (1/539) in these terms : " *The image of the house where Allah is invoked and the one where he is not invoked is that of a living and a dead person* ".

⁶ At-Tirmizi (5/459) and Ibn Maajah (2/1245), see: Sahih Ibn Maajah (2/316) and Sahih At-Tirmizi (3/139).

*an arm's length; and if he approaches me by an arm's length, I approach him by two arm's length. And if he comes to Me walking, I hasten to him swiftly. »*⁷

Abdullaah Ibn Busr ؓ said that a man asked the prophet ﷺ (Peace and Blessing of Allah be upon him): O Messenger of Allah! Verily, the sanctions of Islam have become too numerous for me (to perform them all). Inform me of something (simple) that I may always adhere to.” The Prophet ﷺ (Peace and Blessing of Allah be upon him) said: « *Let your tongue always be moist with the remembrance of Allah. »*⁸

And the prophet ﷺ (Peace and Blessing of Allah be upon him) said: « Whoever reads one letter from the book of Allah, will receive one Hassanah (reward for a good deed), and one hassanah comes with ten like it. I do not say that ﴿ *alif, laam, mim* ﴾ is a letter. Indeed *alif* is a letter, *laam* is a letter and *mim* is a letter. »⁹

Oqbah ben Amir said : The Messenger of Allah ﷺ (Peace and Blessing of Allah be upon him) came out (from his house) and we were on the porch. So he said: « *Who of you would like to go out in the morning*

⁷ Al-Boukhari (5/175) and Mouslim (4/2061). This expression is from Al-Boukhari.

⁸ At-Tirmizi (5/458) and Ibn Maajah (2/1246), see: Sahih At-Tirmizi (3/139) and Sahih Ibn Maajah (2/317).

⁹ At-Tirmizi (5/175), see : Sahih At-Tirmizi (3/9) and Sahih Al-Jaami As-Saguir (5/340).

everyday to the valley of Buthan or Al-Aqeeq and come back with two large she-camels without committing any sin or severing the family ties?» We replied : O Messenger of Allah ! All of us would like this. So he said : « Would one of you not go to the Masjid (Mosque) and learn or recite two Verses from the book of Allah, the Mighty and Majestic? That would be better for him than two she-camels. And three Verses would be better for him than three she-camels. And four Verses would be better than four she-camels, and whatever their number may be of camels. »¹⁰

And the Prophet ﷺ (Peace and Blessing of Allah be upon him) said: *« Whoever sits and does not mention the name of Allah (before he rises), will find it a cause of sorrow from Allah. Whoever lies down to sleep and does not mention the Name of Allah before rising, will find it a cause of sorrow from Allah. »¹¹*

And the Prophet ﷺ (Peace and Blessing of Allah be upon him) said: *« No people sit in an assembly without mentioning Allah, and without asking Allah for blessings on their Prophet, except that it will be a cause of sorrow upon them. Thus, if He (Allah) wishes He will punish them, and if He wishes He will forgive them. »¹²*

¹⁰ Muslim 1/553.

¹¹ Abou Daoud (4/264) and others, see: Sahih Al-Jaami' (5/342).

¹² At-Tirmizi, see: Sahih At-Tirmizi (3/140).

And he ﷺ said : « *No people may rise from an assembly in which they have failed to mention the name of Allah without it being as if they were getting off a dead donkey's rotting back, and it would be a cause of grief for them.* »¹³

* * *

¹³ Abou Daoud (4/264) and Ahmad (2/389), see : Sahih Al-Jaami' (5/176).

1. When waking up

(1)

الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا بَعْدَ مَا أَمَاتَنَا وَإِلَيْهِ التُّشُورُ.

Alhamdu lillhil-lathee ahyana baAAda ma amatana wa-ilayhin-nushoor.

“All praise is for Allah who gave us life after having taken it from us and unto Him is the resurrection.”

(2)

The Prophet ﷺ (Peace and Blessing of Allah be upon him) said : « Whoever awakes at night and then says:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ،
وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ، سُبْحَانَ اللَّهِ، وَالْحَمْدُ لِلَّهِ، وَلَا
إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ، وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ
الْعَظِيمِ.

La ilha illal-lhu wahdahu la shareeka lah, lahul-mulku walahul-hhamd, wahuwa AAala kulli shay-in qadeer, subhanal-lh, walhamdu lillh, wala ilha illal-lh wallhu akbar, wala hawla wala quwwata illa billhil-AAaliyyil AAatheem.

“None has the right to be worshipped except Allah, alone without associate, to Him belongs sovereignty and praise and He is over all things wholly capable. How perfect Allah is, and all praise is for Allah, and none has the right to be worshipped except Allah, Allah is the greatest and there is no power nor might except with Allah, The Most High, The Supreme.

...and then supplicates:

رَبِّ اغْفِرْ لِي.

Rabbigh-fir lee

“O my Lord forgive me.”

...will be forgiven’

Al-Waleed said, “or he ۞ (Peace and Blessing of Allah be upon him) said:

« and then asks, he will be answered. If he then performs ablution and prays, his prayer will be accepted’ . »

(3)

الحمدُ لله الذي عافاني في جسدي وردَّ عليَّ روحي وأذن لي
بذكره.

Alhamdu lillahil-lathee AAafanee fee jasadee waradda
AAalayya roohee wa-athina lee bithikrih.

“All praise is for Allah who restored to me my health and returned my soul and has allowed me to remember Him.”

(4)

﴿ إِنَّ فِي خَلْقِ السَّمَاوَاتِ وَالْأَرْضِ وَاخْتِلَافِ اللَّيْلِ وَالنَّهَارِ لَآيَاتٍ
لِّأُولِي الْأَلْبَابِ... ﴾ (سورة آل عمران 190-200)

﴿Inna fee khalqi alssamawati waal-ardi wa-ikhtilafi
allayli wa-alnnahari la-ayatin li-olee al-albab...﴾

(From Verse 3:190 till the end of the chapter Ali AAimran).

2. Supplication when wearing a garment

(5)

الحمدُ لله الذي كساني هذا (الثوب) ورزقنيه من غير
حولٍ مِنِّي ولا قوَّة.

Alhamdu lillhil-lathee kasanee hahtha (aththawb)
warazaqaneehi min ghayri hahawlin minnee wala
quwwah.

“All Praise is for Allh who has clothed me with this garment and provided it for me, with no power nor might from myself.”

3. Supplication said when wearing a new garment

(6)

اللّهُمَّ لَكَ الْحَمْدُ أَنْتَ كَسَوْتَنِيهِ، أَسْأَلُكَ مِنْ خَيْرِهِ
وَوَخَيْرِ مَا صُنِعَ لَهُ، وَأَعُوذُ بِكَ مِنْ شَرِّهِ وَشَرِّ مَا صُنِعَ
لَهُ.

Allhumma lakal-hamdu anta kasawtaneeh, as-aluka
min khayrihi wakhayri ma suniAAa lah, wa-aAAoothu
bika min sharrihi washarri ma suniAAa lah.

“O Allh, for You is all praise, You have clothed me with it (i.e. the garment), I ask You for the good of it and the good for which it was made, and I seek refuge with You from the evil of it and the evil for which it was made.”

4. Supplication said to someone wearing a new garment

(7)

تُبْلِي وَيُخْلِفُ اللَّهُ تَعَالَى.

Tublee wayukhliful-lhu taAAala.

“ May you wear it out and Allah تعالى replace it (with another).’ The intended meaning: A supplication for long life. “

(8)

إِلْبَسْ جَدِيداً وَعِشْ حَمِيداً وَمُتْ شَهِيداً

Ilbas jadeedan waAAaish hameedan wamut shaheedan.

“Wear anew, live commendably and die a shaheed.”

shaheed: One who dies fighting the kuffar in order to make the word of Allah superior or in defense of Islam. It also has other meanings found in the Sunnah such as: the one who dies defending his life, wealth or family; the woman who passes away due to childbirth; one who drowns...etc.

5. Before undressing

(9)

بِسْمِ اللَّهِ.

Bismil-lah

“In the name of Allah.”

6. Before entering the toilet

(10)

(بِسْمِ اللَّهِ) اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْخُبْثِ وَالْخَبَائِثِ.

(Bismil-lah) allahumma innee aAAaoothu bika minal-khubthi wal-khaba-ith

“(In the name of Allah). O Allah, I take refuge with you from all evil and evil-doers.”

7. After leaving the toilet

(11)

غُفْرَانُكَ.

Ghufranak

“I ask You (Allah) for forgiveness.”

8. When starting ablution

(12)

بِسْمِ اللَّهِ.

Bismil-lah

“In the name of Allah.”

9. Upon completing the ablution

(13)

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ وَأَشْهَدُ أَنَّ
مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ.

Ashhadu an la ilaha illal-lahu wahdahu la shareeka lah,
wa-ashhadu anna Muhammadan AAabduhu
warasooluh.

“I bear witness that none has the right to be worshipped except Allah, alone without partner, and I bear witness that Muhammad is His slave and Messenger.”

(14)

اللَّهُمَّ اجْعَلْنِي مِنَ التَّوَّابِينَ وَاجْعَلْنِي مِنَ الْمُتَطَهِّرِينَ.